

California Department of Consumer Affairs

MEDIA ADVISORY

For Planning Purposes Only

Date: December 11, 2015

Contact: Michelle McVay (916) 574-7749

THE CALIFORNIA STATE ATHLETIC COMMISSION TO HOST A CUTTING WEIGHT AND DEHYDRATION SUMMIT

Who: Representatives from the Department of Consumer Affairs' California State Athletic Commission (CSAC), Association of Ringside Physicians, Ultimate Fighting Championship, Bellator MMA, Invicta Fighting Championships, World Series of Fighting, Resurrection Fighting Alliance and various members of the combative sports industry

What: CSAC to host the 2015 Cutting Weight and Dehydration Summit

When: Thursday, December 17, 2015
1:00pm – Conclusion of Business

Where: Junipero Serra State Building – Carmel Room
320 West Fourth Street
Los Angeles, CA 90013

Background:

As a community of regulators of combat sports, it has become increasingly apparent there are many dangerous and unhealthy practices associated with dehydration and drastic weight cutting which can lead to catastrophic results. As such, it is important to continue the pursuit for solutions to reduce and ultimately eliminate the hazardous dehydration/rehydration cycle. Although some progress has been made, it is the hope of the Commission that with collective input during this Summit, more will be accomplished.

For more information, visit the Commission's website at www.dca.ca.gov/csac

NOTE TO EDITORS: Representatives from the Commission will be available for interviews at the Summit.

#

The Department of Consumer Affairs promotes and protects the interests of California Consumers. Consumers can file complaints against licensees by contacting the Department of Consumer Affairs at (800) 952-5210. Consumers can also file a complaint online at <http://www.dca.ca.gov/>

The California State Athletic Commission (CSAC) regulates professional and amateur boxing, kickboxing and mixed martial arts throughout the State by licensing all participants and supervising the events. Learn more at <http://www.dca.ca.gov/csac/index.shtml>